

Visitors' access may be **RESTRICTED** in case of the following symptoms:

- fever
- cough
- breathing difficulties

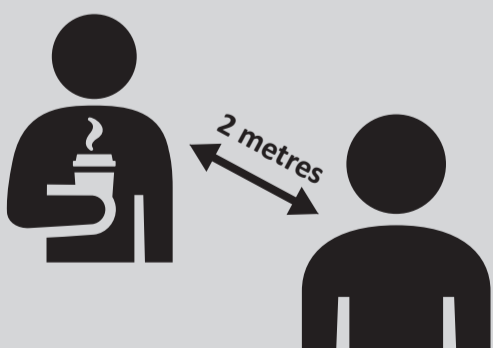


When onboard kindly observe the following:

PRACTICE good hygiene



MAINTAIN
a safe social
distance
of more than
2 metres



AVOID
surfaces such
as handrails
to a safe
extent



AVOID
touching
surfaces with
fingertips
and the front
of your hand



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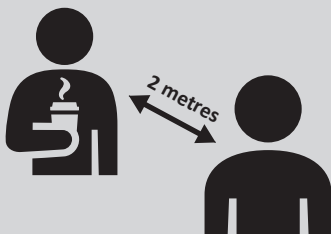


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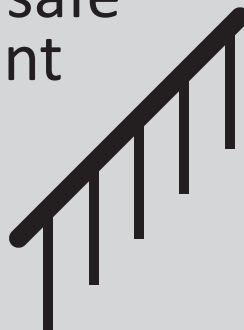
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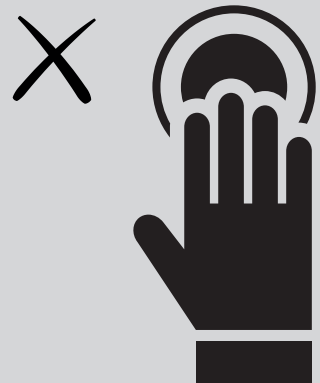
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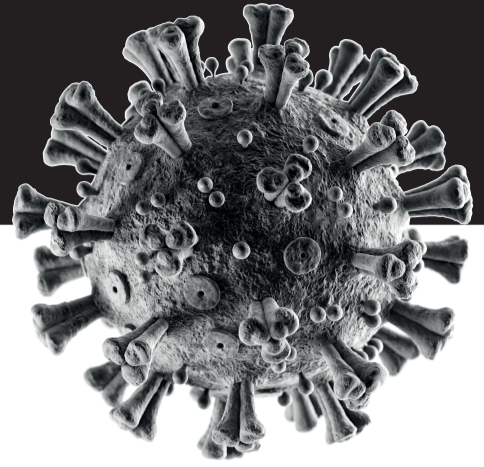
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AVOID shore leave in affected ports and cities



When ashore please observe the following:

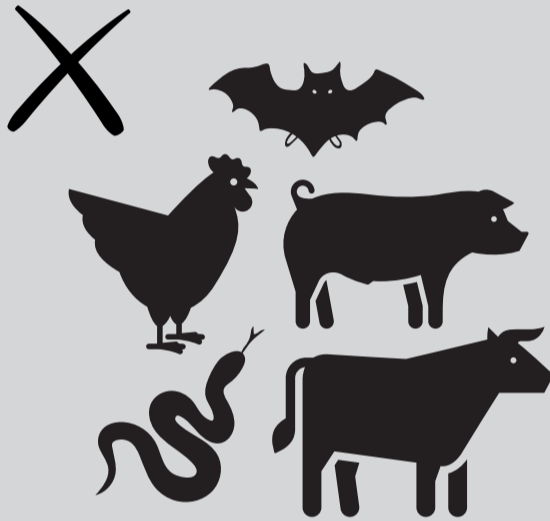
PRACTICE

good hygiene



AVOID

animal contact



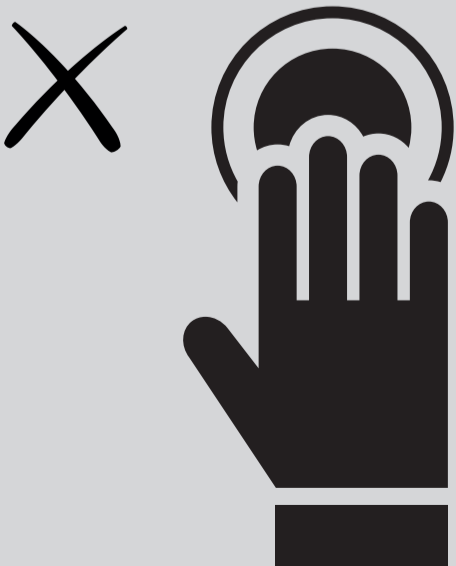
AVOID

eating undercooked food



AVOID

touching surfaces with fingertips and the front of your hand



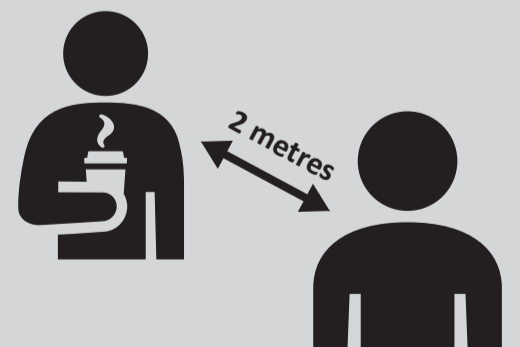
AVOID

contact with people with symptoms



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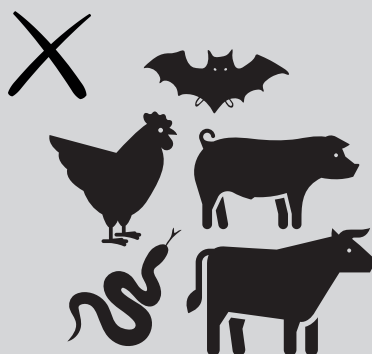
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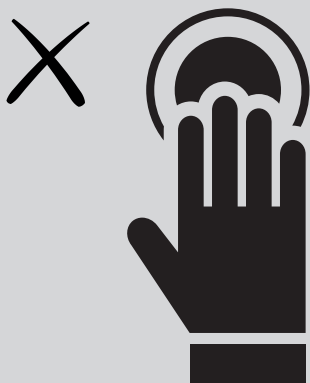
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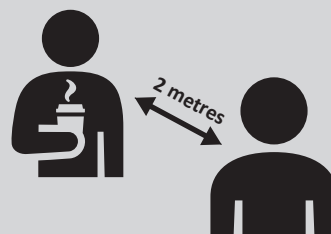
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GENERAL ONBOARD ADVICE

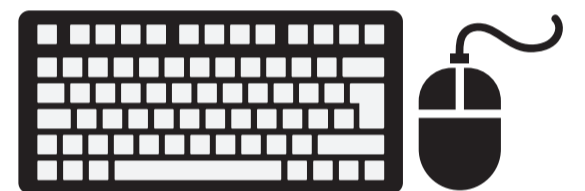
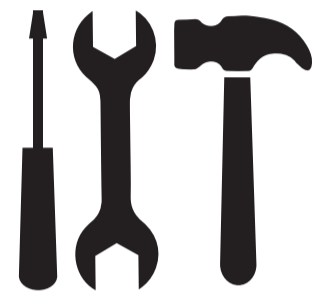
- Make regular measurements of body temperature for personnel and keep a log – port restrictions can come with little to no notice.
- Have all crew equipped with portable hand sanitizers – hand washing may not always be possible.



CLEANING and DISINFECTION

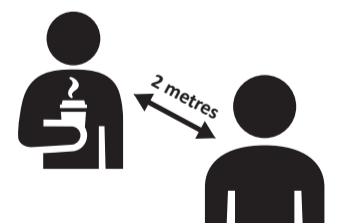
Make sure to clean surfaces regularly:

- athletic equipment
- buttons on vending machines and elevators
- door knobs and handles
- handrails
- heating, ventilation and air conditioning
- keyboards
- keypads
- phones
- equipment and tools
- switches
- tables
- any other surfaces that people touch regularly.



PERSONAL

- Clean your hands frequently – especially:
 - before handling food
 - before eating
 - after using tissues
 - after handling cash.
- Cough or sneeze into your elbow – NOT your hands.
 - Dispose tissues immediately after use.
- Keep a safe social distance – more than two metres.
- Don't shake hands.
- Don't touch surfaces with fingertips or the front of your hand.
- Avoid handrails to a safe extent.
- Don't share tableware.



GENERAL ONBOARD ADVICE

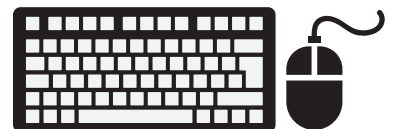
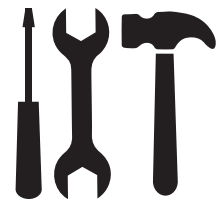
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